



A DAY IN THE LIFE OF YOUR UNITED WAY CONTRIBUTION

6:00 am Early child care drop off begins at Discovery Day Care in Phoenix as working families start their day.



7:00 am The Children's Center of Oswego provides year round NAEYC accredited, developmentally appropriate toddler & preschool programs. The Center offers a sliding fee scale to help low income families afford quality child-care.



8:00 am Oswego County Salvation Army serves breakfast. For many this is also a time for socialization and interaction.

10:00 am A young mother starts her first tutoring session at OCO's Literacy Volunteer program. Her current goal is to learn to read the instructions for her child's medicine.

Noon Home bound seniors can count on a nutritious lunch delivered to their home. Oswego County Opportunities Senior Nutrition Program prepares thousands of meals each day.



1:00 pm The Human Concerns Center has run an emergency food pantry for the past 28 years. It is run entirely by volunteers. The Center provides nutritious food to over 8000 individuals.

2:00 pm ARC staff was able to work with Colin's parents on understanding how his behavior met his sensory needs & were provided tools to support his needs in less dangerous or disruptive ways.

3:00 pm RSVP Volunteer leads her peers in an exercise and education regimen for the control of osteoporosis. Nearly 400 participants meet 2-3 times a week at 25 sites throughout the county.



4:00 pm Catholic Charities CYO program teaches responsibility for actions and teamwork through afterschool activities such as arts and crafts, basketball, lego building and more. Volunteers in the community mentor youth and inspire them to reach their full potential.

5:00 pm Day at work is done. ARISE Child & Family Services provides support and resources for independent living.



6:00 pm Child Advocacy Center / A teenage girl is now free from being sexually abused by her adoptive father after she searched out extended biological family members on Facebook and then found the courage to disclose her abuse.



7:00 pm Rural & Migrant Ministry offers a free health clinic on Wednesday evenings in Richland. In collaboration with other service providers they address immediate needs and provide support.

8:00 pm A mother hugs her children before she tucks them in bed. They will sleep without fear tonight at Oswego County Opportunities SAF House. Tomorrow she will meet with an advocate from the Legal Aid Society of Mid-New York to learn how to terminate her abusive relationship and secure financial stability.